

# The

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# Whole Story

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Quarterly Newsletter

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## Good News Comes in Tall Packages

Editorial

By Eliot Fiks, Owner

They say in ancient times that the bearer of bad tidings sometimes got the axe, I suppose as some sort of spiritual exorcism or maybe just because. And since you can never tell whose keeping up on ancient traditions it's a good thing that I have some good news to tell you: We're about to become members of the landed aristocracy! That is to say, we're going to be buying the building the restaurant is in.

When we first came to this building (built circa 1890's) we spent 3 years completely redoing the interior, using all the

original woodwork and then some from local demolished mansions.

Since then it's been many years of renting and making do with the laissez-faire repair situation (I'm a certified expert at roof patching). Purchasing the building will allow us to attend to some much needed repairs to the exterior of the property and finally get a new roof. Other future possibilities are a rooftop cafe with barbecue and installation of a wind generator (we have an old one from the 1930's in the basement).

As to the second floor, we are looking for business tenants who would be interested in financing the necessary reno-



visions in lieu of rent for a period of time, so speak now. Well, since I've got more ideas than I know what to do with and Stacey's getting nervous just watching my brain churn with them I think I'll just get back to work. Seeyalatahalligatah!

## Lucky Winners of our Monthly Drawing

You may have noticed the glass jar of customers' business cards located near our cash register. Once per month we randomly pick one of those cards

of Time-Warner Cable won a Whole in the Wall T-shirt.

• October: **Kristin L. Ryan** of Hoechst Marion Roussel Inc. won brunch for two.  
November: **Wendy M. L...**

don't have a card, jot your name and phone number on the back of one of our cards. Good Luck!

Improved Accessibility

# Web surfers can "Hang Ten" with the Whole in the Wall

An official Whole in the Wall web page is in the works. Soon you will be able to order our pesto products over the internet. (More details on that project as it develops.)

But for now you can see the sites that local internet service provider Tiernet has created for us.

For a history and photos of Whole in the Wall's Stone Soup project dial up <http://www.tier.net/stone-soup>. You'll learn what stone

soup is, how it originated, who it helps, and who is involved.

Or if you want to read some descriptive information about the restaurant go to

<http://www.tier.net/dining>. Here you can also check out information on other area restaurants.

Be sure to share these site addresses with your cyber friends. And check your search engines for our next online venture.



## Weird News Bites



- A study at Tufts University showed that temptation by food greatly interferes with concentration. Three separate groups were placed in a room that contained chocolate chip cookies and radishes. The one group that was allowed to eat the cookies performed better on tests than the group not allowed to eat anything and the group allowed to only eat radishes. (Maybe the cookies made the first group smarter?)
- A letter published in Food

he still wrong? Not surprisingly, the majority of women responded yes.

- You may have heard that one glass of wine per day actually reduces a person's risk of heart attack. But now there is good news for teetotalers. It appears that grape juice contains many of the same beneficial compounds. (Of course, more juice or wine doesn't offer more benefit; excess drinking causes health problems.) And while we don't serve beer or

## Tid Bits

### Valentine's Day Offers Special Menu

Valentine's Day is Saturday, February 14th. You'll want to make your reservations early for this special Whole in the Wall event (722-5138). Brunch will feature heart shaped pancakes and bagels and other lovely surprises. A romantic dinner special features Rock Cornish Hens for two. (This special dinner is limited so call now to place your order and for more info.) There's no better way to spend your Valentine's Day!

### Positions Available

The Whole in the Wall could use your help. We're looking for hard working, responsible people willing to get their hands dirty and work flexible hours. Love of a food a plus! Positions currently available for waitstaff, cook's apprentice, and Sunday pesto production assistants. Stop by and fill out an application, no phone calls please.

### Movies at the Art

Our Vestal Avenue neighbor, The Art Theater is featuring *The Boxer* and Woody Allen's *Deconstructing Harry*. Check their schedule for movies,